

God Protects Us



"For the Lord your God is He who goes with you, to fight for you against your enemies" (Deuteronomy 20:4)

This lesson teaches kids that God is always with them no matter what, He wants us to allow him to help us fight our battles, God is always there to protect us.



Dear Heavenly Father,

Thank you for loving us the way that you do, thank you for this time we get to spend as a family in your presence Lord. Father we ask that you guide us in all that we do and we thank you for being there for us, for fighting our battles and always protecting us. I know that I can do all things through you.

Amen



**PUT ON THE WHOLE
ARMOUR OF GOD**

THE BELT OF TRUTH
THE BREASTPLATE OF RIGHTEOUSNESS
THE SHOES OF THE GOSPEL OF PEACE
THE SHIELD OF FAITH
THE HELMET OF SALVATION
THE SWORD OF THE SPIRIT,
WHICH IS THE WORD OF GOD

EPHESIANS 6:11-17



Song: Jesus Surrounded

There's a table that You've prepared
for me
In the presence of my enemies
It's Your body and Your blood You
shed for me
This is how I fight my battles

There's a table that You've prepared
for me
In the presence of my enemies
It's Your body and Your blood You
shed for me
This is how I fight my battles

I believe You've overcome
And I will lift my song of praise for
what You've done

This is how I fight my battles [Repeat
x4]
In the valley I know that you're with
me
Surely Your goodness and your
mercy follows me
My weapons are praise and
thanksgiving
This is how I fight my battles

I believe You've overcome
And I will lift my song of praise for
what You've done

This is how I fight my battles [Repeat
x4

This is how I fight my battles
This is how I fight my battles
This is how I fight my battles
It may look like I'm surrounded but
I'm surrounded by You
It may look like I'm surrounded but
I'm surrounded by You
It may look like I'm surrounded but
I'm surrounded by You
It may look like I'm surrounded but
I'm surrounded by You
It may look like I'm surrounded but
I'm surrounded by You
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I'm surrounded by You
It may look like I'm surrounded but
I'm surrounded by You
It may look like I'm surrounded but
I'm surrounded by You

This is how I fight my battles [x7]
This is how

It may look like I'm surrounded but
I'm surrounded by You [x8]



Story Time

David and Goliath - 1 Samuel 17

During the time when the story of David and Goliath took place there was a war between the Philistines and the Israelites. The two armies set up their camps between the cities of Sokoh and Azekah. The Bible says there was a Philistine warrior named Goliath that was over 9 feet tall! For forty days, every morning and night he came out of his camp and challenged the Israelites. Goliath said he would fight anyone from the Israelite camp one-on-one and the battle between them would decide who won the war!

When the Israelites heard Goliath they became very afraid, even King Saul was scared! But when David came to the camp and heard Goliath he completely trusted in God and was not afraid. David told King Saul that he would fight Goliath and that God would protect him. David went to a nearby stream and grabbed five smooth stones that he could use in his sling when he fought the giant.

Goliath laughed when he saw David because he was a young boy, not a warrior like him. David told the Philistines that God was with him and no weapon is any match for Almighty God. David and Goliath ran to fight each other; David grabbed one of the smooth stones from the stream and slung it hitting Goliath right in the forehead!

David beat Goliath with a sling and a stone and when the Philistines saw what happened they were so frightened that they ran away. God had a big plan for David, eventually he became the King of Israel!

Have faith in God and stand up for Him like David did so God may use you in amazing ways too.



Questions for you and your children:

- Are you afraid of anything?
- Do we believe that God protects us?
- What do you think we should do when we feel afraid?



Activity

What will you need:

- Bowl with water
- Pepper

In your bowl of water, grind/sprinkle some pepper in the water. Tell your children that the pepper in the water is all their battles, their worries etc.

Have them place their finger in the water (they will see that the pepper sticks to their hands)

Now put some soap on their finger (liquid soap) and tell them to stick their finger in the pepper water again.

This time the pepper flakes will move away from your child's finger.

Explain that when you cover yourself with God (the soap) He will fight your battles and protect you. He will keep those worries and battles away from you.

Example of what should happen:





Extended Activity

Dressing in the Armour of God

This activity will require you to stand up with your kids and have them dress up in the armour of God. Let them pretend they are putting on the armour, but have them say it out loud and declare it over their day (they can do this daily).

Tell your kids, "We are going to put on our armour of God so that He can help us fight our battles".

Say: The first piece of armour is the belt of truth. We find Truth in God alone, and when we wrap this Truth around us like a belt, it holds everything together. (*Pretend to put on a belt*).

Say: Our second piece of armour is the breastplate of righteousness. Even though we all sin, when we put our trust in Christ, we are forgiven. Having righteousness means that we're able to stand before God, because God sees the perfection of Jesus instead of our sins! (*Pretend to put on a breast plate*).

Say: Boots are worn to protect your feet and help a soldier to run bravely into battle. (*Pretend to put on shoes*)

Say: The Bible says our shield is our faith in Christ. When Satan tries to fire arrows of lies and accusation at us, we can hold up our faith in Jesus and are protected. (*Pretend to hold up a shield*)

Say: Why should we wear a helmet? (*To protect our heads*). Sometimes Satan tries to discourage us by the evil things he says and does. God has given us the helmet of salvation to protect us from Satan's lies. (*Pretend to put on a helmet*)

Say: God has also given us a weapon with which to fight back. We have the sword of the Spirit, which is the Word of God. (*Pretend to hold up a sword*)

