

Power Of Love Over Fear



Bible verse: "For God has not given us a spirit of fear, but of power and of love" (2 Timothy 1:7)

This lesson teaches kids instead of focusing on an imaginary fear, I should focus on how much God loves them and to remember that He wants the very best for them.



Dear Heavenly Father,

Thank You for Your everlasting goodness and for always being with us and holding us in the palm of Your hand. Help us feel Your loving presence even in the midst of our fear. Thank You for being in control of every little detail of our situation. Give us bravery and strength to fit against everything Satan puts in our paths. Cast out the fear in our hearts, and instead let Your words of peace and calm overwhelm us.

Song: No Longer A Slave To Fear

You unravel me with a melody
You surround me with a song
Of deliverance from my enemies
'Til all my fears are gone

I'm no longer a slave to fear
I am a child of God
I'm no longer a slave to fear
I am a child of God

From my mother's womb
You have chosen me
Love has called my name
I've been born again to a family
Your blood flows through my veins
I am surrounded
By the arms of the Father

I am surrounded
By songs of deliverance

We've been liberated
From our bondage
We're the sons and the daughters
Let us sing our freedom

You split the sea
So I could walk right through it
My fears are drowned in perfect love
You rescued me
And I will stand and sing
I am a child of God





Story Time

This story is about a young boy who had giant fears. He was afraid of just about everything. However, one night that all changed.

It all started when the boy got ready for bed. After putting on some warm pyjamas, he was tucked safely inside the covers, and said his prayers. His dad had just turned off the lights, when the little boy cried out, "THERE'S A GIANT MONSTER IN MY CLOSET!" The boy's dad came rushing back into the room and sat down on the edge of the bed. "What kind of monster did you see?" he asked. The little boy replied, "It's a giant hairy troll."

"Is this what you saw?" said his dad as he reached into the closet and pulled out a large stuffed teddy bear. He patted the frightened boy on the shoulder and then said, "Let me tell you a true story that I think will help you overcome your fears. "Many years ago God did a mighty work for a group of people called the Israelites. God had delivered them from slavery and was going to give them a beautiful new land of their own.

While delivering them God had performed many miracles. One was when He parted the waters of the red sea so that they could pass through on dry ground.

"Just before they were to enter the Promised Land, God instructed the Israelites to send twelve men to explore the land. Ten men came back and were very much afraid! They said that although the land was wonderful, it was inhabited by huge giants! The ten fearful men said that compared to the giants, they looked like grasshoppers!

"The other two men said that there were indeed giants, but that God had promised the land to them, and the land was very good.

"They showed the people some of the giant grapes they had brought back with them. The two brave men said that the people should trust God and remember all of the miracles that He had already done for them! 'Surely God will keep his promise and give us this land,' they said.

"Sadly, the people choose to listen to the ten fearful men instead. Because of their unbelief, God made the Israelites wander in the desert for 40 years. "You see, son," his dad continued. "The Israelites' fears were unfounded. They let their fears get the better of them and it weakened their trust in God. God was protecting them all along and would have given them the land that He had promised, giants or no giants."

"God still protects and delivers us too up until this very day. Don't let unfounded fears get the better of you. We should take comfort in the fact that God loves us very much and is here today to help and protect us." The little boy looked up at his dad and said, "I think I understand... instead of focusing on an imaginary fear, I should focus on how much God loves me and remember that He wants the very best for me." His dad smiled and kissed him goodnight. "You got it!"

That night, the little boy who once had GIANT FEARS now had the feeling of God's GIANT LOVE!

Questions For You And Your Children:

- What should we do when we are scared?
- What fears do you have?
- Our world is full of fear, why shouldn't we be afraid?



Tell your child that God is with him/her no matter what fearful time they are going through. God is always there for them.



Activity

What you will need:

- 2 oranges - 1 peeled, 1 with skin still on
- 2 jugs of water/bowls

Tell your children that God is always with them and when He is with us nothing can harm us. Put the orange with the skin in a bowl/ jug of water and watch it float. Then tell them but if we push Him aside then we will feel alone and like we are in trouble. Put the peeled orange in the jug and watch it sink.

Tell your kids that with the protection of God we have no reason to fear (drown like the orange without the skin).