



(Part 1)

'Put on the full armor of God, so that you can take your stand against the devil's schemes.'
Ephesians 6:11



Heavenly Father, we thank You Lord that You have given us armor to protect us as we go into the Frontline. You are the Way, the Truth and the Life. Thank You for giving us Your righteousness and showing us how to live right according to Your purpose for us. We trust that You, as the Prince of peace, will flow through our hearts and lives. Father, please prepare us, that we may be able to fight the good fight and to continue spreading the good news. Thank you Jesus, Amen.

Worship: Bulletproof (Citizen Way)

<https://www.youtube.com/watch?v=4gG6ST0DVkw>



I used to live like I was under attack
Dodging arrows from my past
I had no hope for tomorrow

Felt so much pressure yes I thought I would
crack
But now there's no looking back
I'm moving forward 'cause I know

[PRECHORUS]
[CHORUS]

I know You got this whole thing under control
My soul is untouchable because
You've already won me

My victory is not in this flesh and bone
It's in the cross and I know
Nobody's taking it from me

[PRECHORUS] I got my armor now
No fear no doubt can shoot me down
I got my armor now
No fear no doubt gonna shoot me down
Down down down down down now I'm

[CHORUS] Bulletproof because of you You
Because of You
And now I'm bulletproof because of you You
Because of You
Your love made a way
Now I'm not afraid
No matter what the world may say or what
they do I am
Bulletproof because of you You, because of
You you you

And I don't have to fear no more, worry no
more.

Over the next couple of weeks we will be learning about dressing for battle. We will spend some time going through Ephesians 6, which speaks to the Armor of God. We will be looking at each piece and seeing how they can protect us.

This week we will focus on the Belt of Truth, the Breastplate of Righteousness and the Sandals of peace.



The Belt of Truth: To secure the belt around our waist, we must come to the source of truth: Jesus. After all, He is the Way, the Truth, and the Life ([John 14:6](#)). We must ask God to equip us and regularly spend time with Him in Scripture and in prayer.

This piece of the armor protects us against the lies and deceptions of the enemy. Scripture does call Satan the father of lies ([John 8:44](#)). As we see in Scripture, the devil likes to operate in half-truths ([Genesis 3](#)). He twists the truth ever so slightly to cause people to stumble away from God's truth.

The belt of truth prevents us from falling prey to the devil's lies.



The Breastplate of Righteousness: The breastplate secures our vital organs, such as our heart. This righteousness, God's holiness and perfection, comes to us through Jesus' death and resurrection on the cross. ([2 Corinthians 5:21](#)) Because Jesus takes our place by living the life we should have lived and dying the death we should have die, He offers a covering of righteousness to block out the devil's attacks on our hearts and souls.

Righteousness entails making a choice to regularly engage with Scripture and spend time with God. Therefore, when we encounter temptations and doubts on the battlefield, we come fully equipped to combat them, with the armor of God.



The Sandals of Peace: Jesus is the Prince of Peace ([Isaiah 9:6](#)) His yoke is easy, and burden is light. Fear and uncertainty can threaten to stop any Christian from spreading the good news. But God gives us these shoes to help us go great distances in our walk. Peace allows us not to be afraid ([John 14:27](#)). No matter what happens around us, we know God has the victory.

It's story TIME

Put On The Full Armor Of God

https://www.youtube.com/watch?v=o7eC-W_XNyw

Armor of God



Ephesians 6:11-18

In the book of Ephesians the apostle Paul teaches us the importance of clothing ourselves daily in the full armor of God. The devil will tell lies and cause us to stumble. By clothing ourselves in the garments instructed, we have given a way to defeat the enemy and not allow him victory over any part of our life.

The Lord has equipped us with all we need to stand on the Frontline and enter the battlegrounds of life with confidence.

Trust the Lord and know that He is for you and not against you. You are more than a conqueror through Him who loves us!

Questions For Family Discussion?

- How does the enemy attack you?
- What armor do you need to defeat lies?
- Who is the Prince of Peace?
- How did we obtain Righteousness?



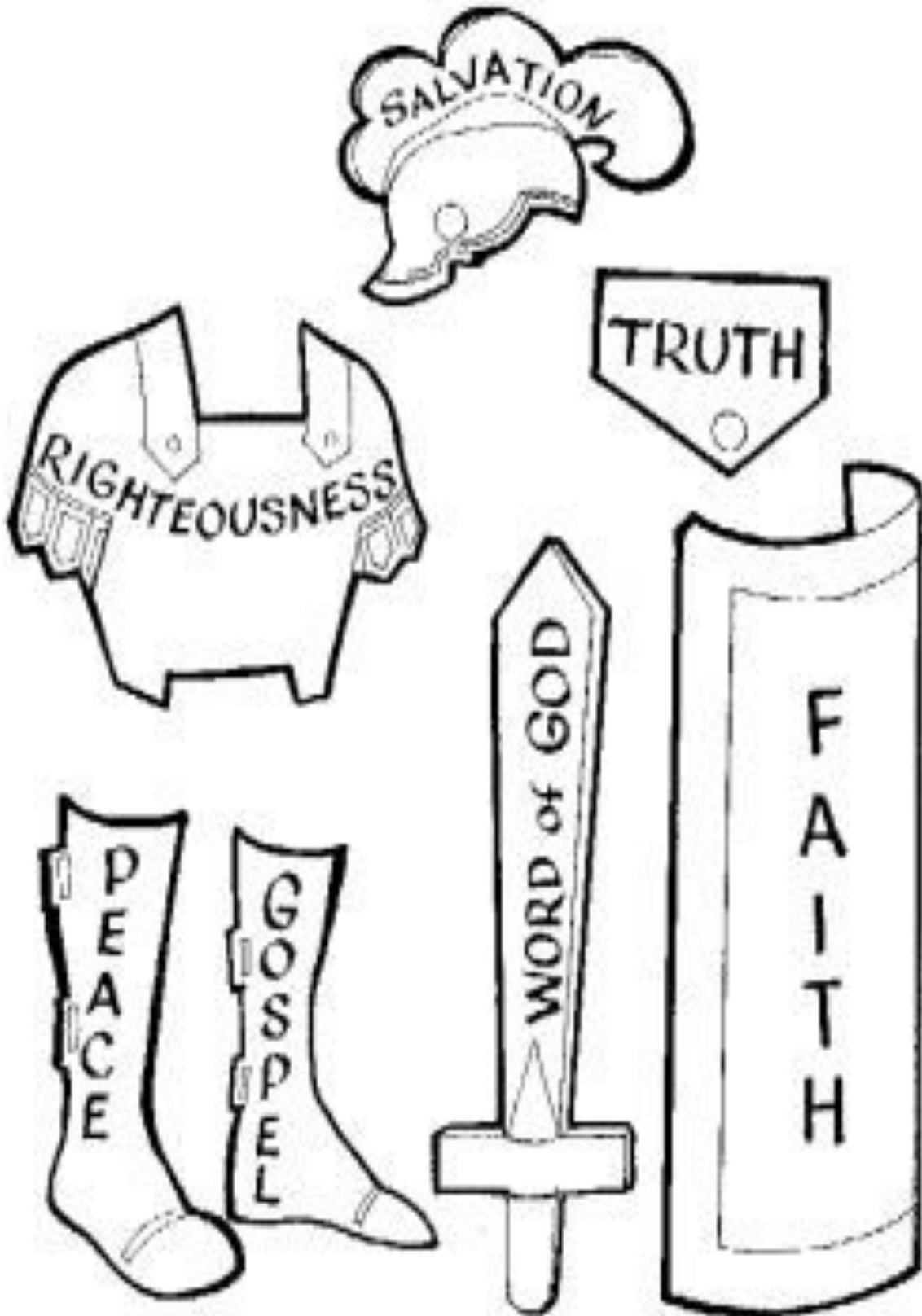
Activity Time

Object Lesson: <https://www.youtube.com/watch?v=gzMjZkCOOU>

OR

Take an orange, unpeeled. Put it into water. See how it floats? We are also protected in that way when we put on the armor of God. Now, peel the orange.. put it into the water. Does it still float? Will you be able to withstand the world without putting on the armor of God?

Colour in the three pieces of the armor that we learnt about today



Red—helmet, skin; Green—breastplate;
Yellow—shield, sword, belt; Blue—boots

ARMOR OF GOD

A prayer you can say daily to help you dress in the armour of God

Kid's Prayer

Jesus, today I put on the Helmet of Salvation.

Please protect my mind from bad thoughts and help me to focus on things that are good.

Please protect my eyes and keep them looking up to you.

I put on the Breastplate of Righteousness.

Guard my heart, make everything that comes in or out of my heart good to you. Help my heart be open to you and easily led by the Holy Spirit.

I put on the belt of truth.

Help me love the truth. Love to tell the truth and hear the truth. Lord, make me more like you. Let truth keep me from lies and mistakes.

I put on the gospel shoes of readiness.

Everywhere I go Lord, help me bring peace. Help me be peaceful. Guide what I do and where I go. Prepare me to tell other people about you.

I put on the shield of faith.

Build a strong faith in me. With faith, all things are possible. Protect me from any attacks from the enemy.

I pick up the sword of the spirit.

Put your word in my heart. Lead me and guide me so I am good at all I do. Let your word change my character. Give me boldness and knowledge to love and defend others.

Amen.