

Fruit of the Spirit



Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, forbearance (Patience), kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.



Dear God, thank you for another day, thank you for blessing us with the fruits of the spirit. May our ears and hearts be open to today's lesson. Help us develop these fruits and be more like you everyday
Amen.

What are the fruits of the Spirit?

- Love: Love is patient, kind, rejoices over truth, always trusts, hopes and perseveres. It is not jealous. It doesn't brag, it isn't rude or proud. As a family we can show love in our community through our actions.
- Joy: means "gladness and delight". The Joy of the Lord is in our spiritual circumstance and not that of the world.
- Peace: is freedom from being afraid or worried because God is in control of the whole world.
- Patience: Waiting with a cheerful and calm heart. It is being able to wait and to do things instead of doing what I want to do right now. Patience is giving grace to others and loving them even when they make mistakes.
- Kindness: Is the quality of being friendly, generous, and considerate. Being kind is showing love to others and helping them when they are in need.
- Goodness: God demonstrated His goodness towards us in our salvation. Goodness means an uprightness of heart and life.
"Surely goodness and loving-kindness will follow me all the days of my life, and I will dwell in the house of the LORD forever" ([Psalm 23:6](#))
- Faithfulness: To be "faithful" is to be reliable or trustworthy.
"Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much. If you are trustworthy it means that people can trust you with anything.
- Gentleness: Is being loving, tender, calm and humble in the things you say and do instead of being harsh or mean. When I am gentle with someone I speak the truth in love.
- Self-control: is the ability to regulate one's emotions, thoughts, and



behaviour in the face of temptations and impulses.



Worship: Way Maker

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| <p>You are here, moving in our midst I worship You, I worship You You are here, working in this place I worship You, I worship You You are here, moving in our midst I worship You, I worship You You are here, working in this place I worship You, I worship You</p> <p>[CHORUS] You are Way maker, miracle worker, promise keeper Light in the darkness My God, that is who You are</p> <p>You are here, touching every heart I worship You, I worship You You are here, healing every heart Healing every heart Oh, I worship You Jesus, I worship You You're turning lives around You are here, oh, turning lives around I worship You, I worship You You mended every heart You are here, and You are mending every heart I worship You, yeah I worship You.</p> <p>[CHORUS]</p> | <p>Sing that is who You are Oh, that is who You are And that is who You are Oh, and that is who You are That is who You are Lord Jesus, that is who You are That is who You are (oh, He lifts you up) That is who You are That is who You are</p> <p>Even when I don't see it, You're working Even when I don't feel it, You're working You never stop, You never stop working You never stop, You never stop working (oh)</p> |
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<https://www.youtube.com/watch?v=E2bhXAR1gCU>

Fruits of the Spirit!

In Galatians 5:22-23 Paul teaches us about the Fruit of the Spirit.

Just as an apple tree produces apples as its fruit, and an orange tree produces oranges as its fruit. We as children of God, who have the Holy Spirit dwelling within us produce good fruit



of the Spirit. The Fruit of the Spirit are: love, joy, peace, patience (long suffering), kindness, goodness, faithfulness, gentleness and self-control.

When we don't abide in Jesus and allow the Holy Spirit to work through us we produce bad fruit, fruit of a sinful nature. Sinful fruit would be: disobedience, selfishness, pride, greed, envy and anything that is not like the character of God.



For You and Your Children

- What is your favourite fruit of the spirit? Why?
- How can we be more like God?
- Which fruit of the spirit are you going to focus more on today?



Activity- Colour in the picture below

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