

Bible Verse: Psalm 25:5



And this hope will never disappoint us, because God has poured out his love to fill our hearts. God gave us his love through the Holy Spirit, whom God has given to us.

# Hope



This lesson teaches us about hope. God is our hope. Without God, we are hopeless which leads to destruction. Whatever we go through, we can face any obstacles that come our way because of the insurance we have in Him.



Dear God, we come before you with grateful hearts. Thank you for giving us hope and thank you for showing us that if we have hope in You, things will turn around. We have seen Your presence in our country with the Corona Virus. We believe that You are in control. Thank you for this time where we can come together as a family to learn about you. We pray that today your word can touch our hearts so that we can learn more about You. Please help us to do the right thing. Please help us to always have hope in You. We love you so much. Amen!

## SONG: Making Good Choices – Mr Music



My life is in You, Lord  
My strength is in You, Lord  
My hope is in You, Lord  
In You, it's in You

I will praise You with all of my life  
I will praise You with all of my strength

My life is in You, Lord  
My strength is in You, Lord  
My hope is in You, Lord  
In You, it's in You

With all of my life  
With all of my strength  
All of my hope is in You



Paul was a really important person among the first Friends of Jesus. He wrote many books about being a Christian which are found in the Bible. He travelled all over the ancient world telling people about Jesus. No other person wrote more of the New Testament than Paul. He told more people about Jesus and started more churches!

But it wasn't always like this. Paul began life called 'Saul'. He hated the friends of Jesus, and did his best to stop them telling other people about Jesus. He got them thrown in jail and forced many to run away to other cities. One day he went after the Christians who had gone to Damascus, the capital of Syria. On the way he had an amazing experience – he was blinded by a bright light and heard a voice which told him that what he was doing was wrong, and where to find help. His life started again in a completely new way, and he gave himself a new name, Paul, to celebrate the fact that he had now become a friend of Jesus!

After this there was no stopping Paul. He went on three long trips, by land and sea, to tell anyone who would listen about Jesus. Paul wanted everyone to hear the good news that Jesus loves them – old and young, men and women, every race, religion, nationality – no-one was left out when Paul was speaking!

Finally, he was arrested, and sent to the Emperor in Rome for trial. We think he died in Rome, but he never lost his enthusiasm for telling the truth about Jesus. In 2 Timothy 4:7 Paul wrote these words about himself, "I have fought the good fight, I have finished the race, and I have remained faithful." Paul never gave up on being hopeful.

## Questions

1. Was Paul always a good man?
2. Why did he change his ways?
3. How can you stay hopeful like Paul?

## ACTIVITY

Colour in the picture below and put it up in your room to remind God is our hope in every situation.

My hope is in His Hands

Psalm 5:5

And this  
hope will  
never



disappoint  
us, because  
God has  
poured out  
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God gave  
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Holy Spirit,  
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has given to us.